

Dimensions of Performance: An Integrated Approach to Music Teaching - Marina Horak

The goal is to develop the students' autonomy, encourage independence and enhance trust grounded in personal authority.

A holistic development of expressive abilities is a synthesis of self-growth techniques, meditation etc. and performing.

Absorbing intellectually a multitude of data can obstruct contact with inner self, disturb the flow of knowledge, block access to »inspiration«. Intuitive experiences and a feeling contact with own impulses can help attain the primeval source of music making. Active deliberate processes enable the inspiration to be sustained by regained awareness of in-born potential. Gates to intuitive thinking are opened by means of deep imagination –leading us from descriptive surface levels into symbolic structures, attaining expressive power and musical essence via personal content. Individual expressiveness is reached at the junction of personal experience and inherent music structures beyond cultural conditioning. Students develop an independent position, based on the ability to discern and make autonomous decisions. This way what might seem a restriction (mentor's advice, compositional instructions) becomes an invitation to create in full freedom.